

# Foods 9/10 - Free Lab Preparation

Free Lab Date \_\_\_\_\_ Due Date: \_\_\_\_\_

Name of Both Partners \_\_\_\_\_ and  
\_\_\_\_\_

**Your task:** Each set of partners must work together to prepare 1 or 2 different recipes that we will not be doing this year in class time.

To receive full marks the following lab must be completed in **booklet format**, and include the following criteria:

## 1.) Work Plan/Time Schedules

- Details, details, details!

## 2.) Recipes

- Copies of each recipe(s)
- Source- where did you find it?

## 3.) Ingredients List

- Who's bringing what in your unit?

## 4.) List for Mrs. Styles

- What do you need from me-  
ex. spices, margarine, – STAPLE  
items only!

## Ingredients List

Partner \_\_\_\_\_

---

---

---

---

---

---

---

---

---

---

---

---

Partner \_\_\_\_\_

---

---

---

---

---

---

---

---

---

---

---

---

## List For Mrs. Styles

---

---

---

---

