

SPANISH RICE

Ingredients:

125 ml rice
½ medium onion, diced
15 ml vegetable oil
315 ml water
115 ml tomato sauce
½ small green pepper, diced
2.5 ml salt
2 ml chili powder
pinch of garlic powder
cilantro to garnish



Method:

1. In a large saucepan, heat the oil over medium heat.
2. Add rice and onion and cook (about 5-10 minutes) stirring occasionally, until rice is golden brown and onion is tender.
3. Stir in remaining ingredients and bring to a boil.
4. Reduce heat to low, cover and simmer for about 30 minutes, stirring occasionally, until rice is tender.