Tzatziki

Ingredients:

1/2	cucumber, grated
150 mL	plain yogurt
1 1/2	cloves garlic, minced
15 mL	dill
7 mL	red wine vinegar
15 mL	olive oil
Dash	salt



<u>Method:</u>

- 1. Sprinkle the grated cucumber with salt and leave to stand for 30 minutes. Rinse the cucumber and squeeze out any water.
- 2. Toss the cucumber with the remaining yogurt and the remaining ingredients.
- 3. Refrigerate until ready to serve.